

中国



8天 寧夏西北風情 ✦ 五湖穿越 ✦ 大漠星河



大漠星河度假区

位于腾格里沙漠腹地，独特的建筑风格与沙漠浑然天成地融合在一起；浩瀚沙漠，浪漫星空，奢华木屋式度假区；甚至是日出与日落的美景，这份大自然的馈赠，都尽在眼前。

一个没有信号的迷失之地，是沙漠中少有的红色湖泊，被誉为地球之心。这里湖水从蓝色渐变到血红，没有亲身感受，是无法想象它的震撼美(含随车沙漠航拍)

五湖穿越乌兰湖



1 新加坡 ✦ 银川

✦ 齐集樟宜机场，乘飞机飞往宁夏回族自治区首府【银川】

2 银川

- ✦ **[西夏王陵-东方金字塔]** 含独立讲解员+景区电瓶车+西夏博物馆+3D电影+木活字印刷体验
- ✦ **[贺兰山岩画]** 古代先民们在漫长的岁月里在岩石上绘制和凿刻的图画，记录了古代人类社会生活的各个方面 含景区电瓶车及独立讲解
- ✦ **[览山公园. 阅海湖]** 银川市最大的湿地公园
- ✦ **[阅彩城观光夜市]** 自由逛街并可自费品尝当地特色美食。

3 银川 ~ (约 2.5 小时) 阿拉善左旗 ~ (约 2.5 小时) 银川

- ✦ **沙漠梦想公园-五湖穿越** 含越野车五湖穿越沙漠骆驼湖-乌兰湖-蛋黄湖(3-4 人一车+随车安排沙漠航拍) <五湖最佳景观受季节及天气因素会有不同呈现，以实际看到为准 >

4 银川 ~ (约 1 小时) 灵武 ~ (约 2 小时) 中卫

- ✦ **[水洞沟遗址]** 含博物馆+实景体验馆+骆驼车+藏兵洞+景区环保车
- ✦ **[青铜峡 108 塔+黄河大峡谷]** 中国现存最大的喇嘛塔群，始建于西夏时期的宗教遗迹。含游船
- ✦ **[向阳步行街]** 晚餐自由探索当地风味小吃

5 中卫 ~ (约 2 小时) 景泰石林 ~ (约 2 小时) 中卫

- ✦ **[景泰黄河石林景区]** 一座源于 210 万年之前的地质公园，集合自然景观与人文历史为一体。含景区环保车

6 中卫

- ✦ **[沙坡头]** 腾格里沙漠迪士尼
- ✦ **[古村落]** 跟着村长一起探寻中卫古村落，同时品尝非遗三代传承人现场制作美食，蒿子面 卷帘子，长了豆腐 等当地特色美食。
- ✦ **[大漠星河]** 沙漠野奢度假酒店，浩瀚沙海间拥抱星河万里
- ✦ **[通湖草原]** 感受蒙元风情含体验篝火表演

7 中卫 ~ (约 2.5 小时) 银川

- ✦ **[中卫高庙]** 始建于明代洪武年间的古老庙宇，传统木结构营造技艺。
- ✦ **[志辉源石酒庄]** 贺兰山酒庄+橡木桶酒窖参观葡萄园游览。含酒庄讲解+葡萄酒品鉴。

8 银川 ✦ 新加坡



银川西夏王陵

西夏王朝的皇家陵寝，葬了王朝多位皇帝；共 9 座帝陵和 140 多陪葬墓。是中国现存规模最大，地面遗迹保存最完整的帝王陵园之一，被誉为东方金字塔



水洞沟遗址

中国最早发掘的旧石器时代古人类文化遗址之一，被誉为“中国史前考古的发祥地”和“中西方文化交流的历史见证”。荣获“中国最值得外国人去的 50 个地方”银奖



红景泰石林

誉为“世界地质博物馆”，景区内陡崖凌空，步移景变；石柱石笋最高可达 200 多米。并以其雄、险、奇、古、野、幽等特点成为西部影视片，科幻片的外景拍摄基地 <含环保车>



青铜峡 108 塔

自上而下按 1、3、5...奇数排列共 12 层，构成一个等边三角形塔群共 108 座佛教把人生烦恼归为 108 种。传说只要拜了塔，就可消除烦恼带来吉祥好运。



中卫沙坡头

《爸爸去哪儿》拍摄地之一。一边是浩瀚无垠的腾格里大沙漠，一边是长流不息的黄河水；S 型地理风貌，极似中国阴阳太极图，曾被美国《国家地理》杂志作为世界奇观向全球推出 <含景区环保车>

天数	早餐	午餐	晚餐	城市	INC8S (无三人间) 5★ 酒店 或同级
	8 天 (7 早、5 午 及 5 晚)				
1	-	✦	宁夏特色晚餐	银川	3 晚 5★ 凯悦嘉轩酒店
2	酒店	✓	x		
3	酒店	✓	涮羊肉		
4	酒店	回族家宴(配套)	x	中卫	2 晚 5★ 凯汇泊尔酒店 <特色住宿> 大漠星河度假酒店
5	酒店	✓	✓		
6	酒店	中卫非遗蒿子面	✓		
7	酒店	铁锅炖鱼风味	烤全羊晚餐	银川	5★ 凯宾斯基酒店
8	酒店	✦	-	结束 8 天行程,康泰祝您旅途愉快	

生效日期: 2025年4-11月起

INC8S_CN_7-Feb-26

- 航班时间及行程次序若有任何变动,须以航空公司及当地接待安排为准
- 行程中部分地区条件有限,住宿膳食方面稍微逊色,不便之处敬请谅解
- 景区内环保车为遵从环保原则,团友可能会与其他各地游客乘同一巴士游览,请留意。
- 沙漠等活动需以天气为先决因素,如遇特别天气影响,基于安全大前提下,导游及领队会相应实际情况更改及取消个别行程。敬请注意及谅解
- 酒店标明仅供参考;若中英文行程版本出现不符,将以中文版本为依据。
- 导游司机服务费:人民币¥40/人/天 (两岁小童亦须缴付)

附加配套:人民币 700/人

- 1) 景泰黄河石林:羊皮筏子漂流
- 2) 沙坡头:单程滑沙下行+缆车
- 3) 大漠星河:沙漠骑骆驼+沙漠巴吉车
- 4) 回族家宴:烧烤+特色回族小吃+手做面点+口弦花儿表演

CHINA



8D Explore Ningxia *Desert Starry Sky / Tengger Five Lakes Crossing



Desert Galaxy Resort
where you can enjoy the magnificent desert sunrise and sunset, as well as the clear starry sky, and have a date with the Tengger Desert.

Crossing the 5 lakes in the Tengger Desert: a secret place that cannot be found on the map, recommended by National Geographic Magazine. Experience the unique scenery with your own eyes. **<Incl. Aerial Photography>**
Crossing Ulan Lake



1 Singapore ✈️ Yinchuan

+ Assemble at Changi Airport for your flight to **[Yinchuan]**

2 Yinchuan

- + **[Western Xia tombs]** Private Guide tour + The Museum + 3D Movie + Wood Movable Type Printing DIY + Shuttle Bus
- + **[He lan Mountain Rock paintings]** Ancient carvings depicting human life. Includes electric car and VIP rock museum guide.
- + **[Lanshan Park. Yuehai Lake]** The largest wetland park in Yinchuan.

3 Yinchuan~(est. 2.5hrs) Zuo Qi~(est. 2.5hrs)~ Yinchuan

- + **[Desert Dream Park-Five Lakes Crossing]** Visit five Lakes crossing the desert Camel Lake, Ulan Lake, egg yolk Lake (3-4 people a car + aerial photography) <different seasons and weather factors, subject to the actual view>

4 Yinchuan ~ (est. 1hr) Lingwu~ (est. 2hr) Zhongwei

- + **[Shuidonggou]** Museum + real scene experience hall + hidden soldier cave + ancient great wall+ traffic in the scenic spot.
- + **[Qingtongxia 108 Pagoda + Yellow River Grand Canyon]** Largest Lama tower group from the Western Xia period. Including boat.
- + **[Xiangyang street]** You can have a look about local night fair and find some snacks as your supper in Zhongwei.

5 Zhongwei ~ (est. 2hrs) Jingtai ~ (est. 2hrs) Zhongwei

- + **[Jingtai Stone Forest]** 2.1-million-year-old geopark with eco-friendly transport

6 Zhongwei

- + **[Shapotou]** Here is an amazing desert park close to Yellow river.
- + **[Ancient Village]** Historic post house village serving traditional artemisia seeds noodle lunch.
- + **[Desert Galaxy]** Desert hotel with stargazing and dinner
- + **[Tonghu Grassland]** Mangolian-style with bonfire performance

7 Zhongwei ~ (est. 2.5hr) Yinchuan

- + **[Zhongwei Gao Temple]** Ancient Ming Dynasty wooden temple
- + **[Yuanshi winery]** Wine testing, vineyard walk, cellar visit

8 Yinchuan ✈️ Singapore

Wish you enjoy your wonderful holiday

Day	BKF	LUNCH	DINNER	CITY	INC8S (NO TRP RM) 5★ Hotel or Similar Class
	8Days (7 BKF, 5 LUNCH & 5 DINNER)				
1	-	✈️	Ningxia Cuisine	Yinchuan	3N 5★ Hyatt Place
2	Hotel	✓	✕		
3	Hotel	✓	Mutton Hot Pot		
4	Hotel	✕	✕	Zhongwei	2N 5★ Kaihuiboer Hotel Desert Galaxy Resort
5	Hotel	✓	✓		
6	Hotel	Aartemisia Seeds Noodle	✓		
7	Hotel	Local Stewed fish	Roast Lamb	Yinchuan	5★ Hyatt Place
8	Hotel	✈️	-	Wish you enjoy 8D holiday with Hong Thai	



Western Xia Tombs It is known as the Oriental Pyramid, one of the largest and best protected imperial cemeteries in China. there are 9 massive mausoleums, along with 250 lesser tombs.



Shuidonggou
One of the earliest Paleolithic excavations of cultural sites of China, is acclaimed as "The Birthplace of China's Prehistoric Archeology,"



Jingtai River Stone Forest
Unique patterns on cliff sides formed by water and wind erosion, The highest place is more than 200m. With the surrounding deserts, oases and farmlands



Qingtongxia 108 Pagodas
With variety shapes of 108 kind, in Buddhism there were 108 kinds of worries and when counter the pagoda till No. 108, all the burdens will be gone.



Shapotou Scenic Area
it has both the majestic scenery of the northwest and the beauty of the scenery south of the Yangtze River.

NO SHOPPING STOPS

- Effective from Apr-Nov'25 INC8S_CN_7-Feb-26
- Tour Sequence and Flight Schedule subject to local agent and airline's final arrangement
 - Please note that only foldable roll-over bed will be provided in most China Hotels for triple sharing room.
 - Your understanding on the limited conditions of some restaurants in Ningxia is very appreciated.
 - In the event of unforeseen circumstances like the bad weather, the tour leader or local guide concerned possesses full discretion to change the tour sequence or cancel some itineraries.
 - In the event of discrepancy between the Chinese and English tour itineraries, please refer to the former for accuracy
 - Tipping for local guide&driver:RMB40/D/P(A&C same)
- Additional Tours RMB700/P.F**
- 1) Sheep Skin Raft Rafting at Jingtai River Stone Forest
 - 2) Shapotou: One-way Sandboarding+Cable Car
 - 3) Tengger Desert Package : Camel Ride+Surfing Car
 - 4) Hui family banquet