

中国

10天 媲美青海♥甘肅環線探尋



打卡鹽湖雙絕

茶卡鹽湖 察爾汗鹽湖

因湖面具极强的反射能力，被称为中国天空之镜；被国家旅游地理杂志评为“人一生要去的 55 个地方”之一。

中国面积最大的盐湖，湖水呈现出翠绿，深蓝等奇幻色彩，以“万丈盐桥”和壮观的盐花结晶闻名。



甘青大環線

甘肅

- ✓ 敦煌：鸣沙山•月牙泉景区〈含单程电瓶车+骑骆驼+防沙鞋套〉；沙洲夜市莫高窟〈含数字电影+环保车+实体洞窟〉
- ✓ 嘉峪关：嘉峪关城楼〈含环保车+登楼〉
- ✓ 张掖：丹霞地质公园〈含景区环保车〉
- ✓ 武威：雷台公园

青海

- ✓ 格尔木：察尔汗盐湖〈含景区环保车〉茶卡盐湖〈特别赠送航拍视频，含鞋套〉
- ✓ 青海湖：二郎剑景区〈含景区环保车〉
- ✓ 西宁：塔尔寺〈含景区环保车+专人讲解〉

豪華住宿 (特别提升 2 晚 5 星级酒店)

- ✓ 兰州新区皇冠假日酒店

<https://www.ihg.com/crownplaza/hotels/cn/zh/lanzhou/lhwcp/hoteldetail>

精選美食

- ✓ 养生鸡风味，雪山驼掌风味
- ✓ 青稞风味，川菜风味
- ✓ 土火锅风味，金城暖锅风味

青海湖

中国最大的内陆湖泊和最大的咸水湖；每年 6-8 月湖畔大片油菜花盛开，金黄色的花海与蔚蓝的湖水交相辉映，是最经典的视觉盛宴。



張掖丹霞地質公園

因色彩斑斓的层理山峦被《中国国家地理》评为“中国最美七大丹霞”之一；在阳光下呈现红、黄、橙、绿等绚丽色彩，宛如大自然的调色盘。



鳴沙山月牙泉景区

以山泉共处，沙水共生的沙漠奇观著称；这里黄沙，蓝天和骆驼构成了迷人的大漠风光，乘骑骆驼，爬山滑沙，拍照游玩，乐享美好时光。



世界文化遺產-莫高窟

是世界上现存规模最大、内容最丰富的佛教艺术胜地；洞窟分布高低错落、鳞次栉比，上下最多有五层，以精美的壁画和塑像闻名于世。



自 2026 年 7 月起有效

LXNN10_CN_18-Jun-26

- 若航班时间及行程次序如有任何更改，以航空公司及当地接待单位安排为准
- 甘青环线部分城市的住宿及餐厅因条件所限，食物及环境设施仍欠水准，饮食中牛羊肉类较多，本社已尽量安排当地较佳住宿及餐厅，不便之处，敬请谅解。
- 青海大部分地区位于海拔2500米以上，因必须注意个人身体健康状况，以防出现高山反应；
- 各地酒店的三人间提供的是新叠加床，敬请留意，导游司机服务费：人民币 ¥40/天/人（附加配餐：人民币600/人）

1. 网红打卡点：瓜州雕塑馆-大地之子-无界等戈壁雕塑群
2. 茶卡盐湖往返有轨小火车
3. 张掖裕固族风情晚宴

甘青大环线

精简路线图



天数	早餐	午餐	晚餐	城市	LXNN10
	10天（9早,8午及7晚餐）				4★ 酒店 或 同级
1		✖	✖	兰州	提升 5★ 兰州新区皇冠假日酒店
2	酒店	✓	✕	张掖	4★ 品尊国际酒店
3	酒店	✓	养生鸡风味	嘉峪关	提升 5★ 青年国际酒店
4	酒店	✓	✕	敦煌	2晚 4★
5	酒店	✓	雪山驼掌风味		诚和顺酒店
6	酒店	✓	青稞风味	格尔木	4★ 丽呈华廷酒店
7	酒店	✓	川菜风味	茶卡	4★ 金恒基酒店
8	酒店	✓	土火锅风味	西宁	4★ 智选假日酒店
9	酒店	✓	金城暖锅风味	兰州	提升 5★ 兰州新区皇冠假日酒店
10	酒店	✖	✖	结束 10 天行程，祝您旅途愉快！	



康泰旅行社

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*订团须知规则，请参阅订单 /
Tour Booking Form

中国

自 2026 年 7 月起有效

团号: LXNN10

1 新加坡 ✈ 兰州

于樟宜机场集合,搭客机前往横跨于壮阔黄河之上的城市-兰州

2 兰州 ~ (约 3 小时)武威 ~ 雷台公园 ~ (约 3.5 小时)张掖

+ 【雷台公园】因出土中国旅游标志-马踏飞燕而闻名于世;这里古树参天,湖沟纵横;可参观汉式大门、音乐喷泉、汉代风格大型浮雕、四神图腾柱、整体放大 6 倍的 99 件铜车马仪仗俑阵列等。



3 张掖 ~ 丹霞地质公园含区间车 ~ (约 3.5 小时)嘉峪关

+ 【丹霞地质公园】是中国北方发育最典型的丹霞地貌,被《中国国家地理》评为“中国最美的七大丹霞”之一。核心区色彩斑斓、气势磅礴,以色彩艳丽、层理交错的地貌闻名。

4 嘉峪关 ~ 嘉峪关城楼含环保车+登楼 ~ 丝路雕塑走廊-大地之子-无界雕塑(配套) ~ (约 5 小时)敦煌 ~ 沙洲夜市

+ 【嘉峪关城楼】是明代万里长城的西端起点,依山傍水、雄伟壮观,因地势险要被称为“天下第一雄关”;是古代“丝绸之路”的交通要塞,也是明长城中保存最为完整的一座古代军事关城。

+ 【丝路雕塑走廊】位于戈壁滩上的大型户外主题雕塑,其中最核心、最具代表性的雕塑作品是大地之子:一尊巨大的汉白玉婴儿雕像,静静地卧在戈壁滩上熟睡,是必打卡的标志性作品。

+ 【沙洲夜市】以仿唐建筑为基调,分为风味小吃、工艺品、农副产品三大区,被誉为敦煌“夜宴图”与“风情图”;尽情自由寻找喜爱的小吃。



5 敦煌 ~ 鸣沙山-月牙泉含单程电瓶车+骑骆驼体验+防沙鞋套/人 ~ 莫高窟含数字电影+环保车+实体洞窟

+ 【鸣沙山-月牙泉】中国最美五大沙漠之一,是敦煌地标级自然奇观。坐拥沙泉共生的绝世美景,以宏大、广阔的风积地貌,奇特的金字塔形沙丘和月牙泉奇观为主。特别安排骑骆驼,可沉浸式体验大漠风光。

鸣沙山包骑骆驼前往月牙泉,电瓶车返或电瓶车前往,骑骆驼返。

+ 【莫高窟】被列为世界文化遗产,是世界上现存规模最大、内容最丰富的佛教艺术宝库;荟萃了千余年来佛教壁画与彩塑的辉煌成就,被誉为“墙壁上的博物馆”。

敦煌 ~ (约 6.5 小时)格尔木(海拔 2780 米) ~ 察尔汗盐湖

6 (海拔 2670 米)含景区环保车 ~ 远观青海雅丹群

+ 【察尔汗盐湖】中国最大的盐湖,有“中国死海”之称。由于气候炎热干燥,水分蒸发快,湖中盐逐渐结晶,形成了晶莹如玉的“盐花”,在碧绿湖水的映衬下,美不胜收。同时被称为世界上最值钱的湖泊,储盐超过 600 亿吨,如果全部开采,可供全人类食用 1 千年还多。

+ 远观【青海雅丹群】千万年的风蚀与湖泊水位上升造就了这片星罗棋布的奇特地貌,连绵不绝的土丘在阳光的照射下,光影层次极其丰富,尤其是日出或日落时分,金色的余晖洒满荒漠,苍凉而又壮丽。



7 格尔木 ~ (约 5.5 小时)茶卡盐湖(海拔 3059 米)含鞋套+特别赠送航拍视频 ~ 乘坐往返有轨小火车(配套)

+ 【茶卡盐湖】中国著名的“天空之镜”,被国家旅游地理杂志评为“人一生要去的 55 个地方”之一。湖面辽阔平坦,纯净的卤水倒映着蓝天白云,形成绝美的镜面反射效果。

敬请留意,航拍以全团为拍摄单位

8 茶卡 ~ (约 2.5 小时)青海湖(海拔 3196 米)含环保车 ~ 远观日月山-倒淌河 ~ (约 3 小时)西宁(海拔 2275 米)

+ 【青海湖】是中国最大的内陆湖泊与最大的咸水湖。以浩瀚蔚蓝的湖水、辽阔的环湖草原及夏季的油菜花海闻名;每年 6-8 月湖畔大片油菜花盛开,是景色最美的黄金季节;也是观赏湟鱼洄游的时期。

途中还可欣赏到日月山的苍苍与倒淌河草原的开阔。

9 西宁 ~ 塔尔寺(海拔 2696 米)含环保车+专人讲解 ~ (约 3 小时)兰州

+ 【塔尔寺】是青海藏区佛学界的最高学府,也是青海省藏传佛教中的第一大寺院;以弘扬佛法、表现佛本生故事的壁画、酥油花、堆绣尤为闻名,被誉为“塔尔寺艺术三绝”。



10 兰州 ✈ 新加坡

+ 后于指定时间集合前往机场,乘机返回新加坡。

10 天行程至此圆满结束,康泰旅行社祝您旅途愉快!

~ 以上行程的先后次序,均以航空公司及当地接待单位的最终安排为准。

* 行程中所有图片仅供参考,请以当地实际情况为准 LXNN10_CN_18-Jun-26

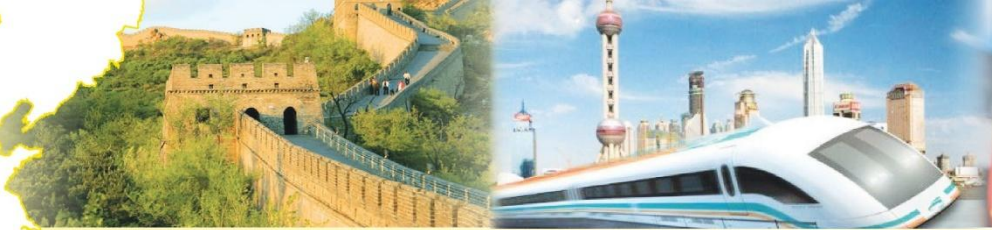


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Tour Booking Form

CHINA



10D Best of Qinghai & Gansu Scenic Loop Tour

Iconic Twin Salt Lakes



Chaka Salt Lake
A beautiful oval-shaped lake known for its reflective salt lake bed. It is a key salt mine in Qinghai with abundant salt resources.

Qarhan Salt Lake
The world's second-largest and China's largest salt lake with both solid and liquid salt. The crystal-clear, mirror-like blue waters perfectly contrast with the magnificent white salt flats.



Qinghai & Gansu Loop Tour

Gansu

- ✓ **Dunhuang: Mt Mingsha & Crescent Spring**
<Incl 1 way Shuttle Bus+ Camel Ride+Shoe Covers>
Shazhou Night Market
Mogao Caves<Incl 3D Film+Shuttle Bus>
- ✓ **Jiayuguan: Jiayuguan Pass Fortress**
- ✓ **Zhangye: Danxia Scenic Area**<Incl Shuttle Bus>
- ✓ **Wuwei: Leitai Park**

Qinghai

- ✓ **Golmud: Qarhan Salt Lake**<Incl Shuttle Bus>
Chaka Salt Lake<Exclusive complimentary drone aerial Video+ Shoe Covers>
- ✓ **Qinghai Lake**<Incl Shuttle Bus>
- ✓ **Xining: Kumbum Monastery**<Incl Shuttle Bus>

Accommodation (Upgrade 2N 5* Hotel)

- ✓ **Crowne Plaza Lanzhou By IHG**

<https://www.ihg.com/crowneplaza/hotels/cn/zh/lanzhou/lhwcp/hoteldetail>

Qinghai Lake

China's largest inland lake and saline lake with enchanting natural beauty & uncountable species of birds.



Danxia Scenic Area

one of China's most breathtaking natural wonders, offer stunning, panoramic views of the vivid crimson, orange, and yellow peaks. Sunlight hits the rock layers at optimal angles, enhancing the vibrant colors.



Mt Mingsha & Crescent Spring

It boasts a breathtaking landscape where sand dunes and springs coexist. You can immerse themselves in unique activities such as Camel Ride.



UNESCO-Mogao Caves

one of the largest collections of Buddhist art in the world, Hundreds of cave temples were carved into a cliff face and decorated with Buddhist wall paintings and sculptures.



DAY	ABF	LUNCH	DINNER	CITY	LXNN10
	10D (9ABF, 8L & 7D)				4★ Hotel or Similar
1		✈	✈	Lanzhou	Upg 5★ Crowne Plaza By IHG
2	Hotel	✓	×	Zhangye	4★ Pinzun Int'l Hotel
3	Hotel	✓	Chicken Flavor	Jianyuguan	Upg 5★ Youth Int'l Hotel
4	Hotel	✓	×	Dunhuang	2N 4★ Licheng Hotel
5	Hotel	✓	Dunhuang Local Meal		
6	Hotel	✓	Highland Barley Taste	Golmud	4★ Grand Rezen Hotel
7	Hotel	✓	Sichuan Cuisine	Chaka	4★ Jinhengji Hotel
8	Hotel	✓	Charcoal Hot Pot	Xining	4★ Holiday Inn Express
9	Hotel	✓	Local Hotpot	Lanzhou	Upg 5★ Crowne Plaza By IHG
10	Hotel	✈	✈	Wish you enjoy 10D with Hong Thai!	

Additional Tours RMB600 p.p: 1) Zhangye Yugur Ethnic Cultural Dinner
2) Silk Road Sculpture Corridor-Son of the Earth + Boundless.
3) Round-trip scenic train at Chaka Salt Lake

Effective from Jul'2026

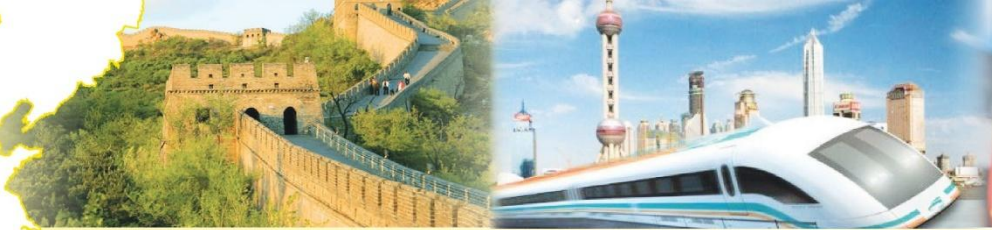
- Tour sequence and flight schedule subj to local agent and airlines' final arrangement
- Due to Qinghai is at high altitudes (over 2500m). Please take note of your health condition to avoid altitude sickness.
- Please note that only foldable roll-over bed will be provided in most China hotels for Triple sharing room
- Your understanding on the limited conditions of some restaurants & hotels in Qinghai & Gansu is appreciated.
- Tipping for local guide & driver is **RMB40/P/D** Adult & Child same

LXNN10_CN_29-Jun-26

GANSU GRAND LOOP



CHINA



TOUR CODE: LXNN10

Effective from JUL2026

1 Singapore ✈️ Lanzhou

#Assemble at Singapore Changi Airport for your flight to **Lanzhou**. It is the only provincial capital in China with the Yellow River flowing directly through its center.

2 Lanzhou ~ Wuwei Leitai Park ~ Zhangye

- + **[Leitai Park]** Famous for the discovery of the "Flying Horse of Gansu," featuring Han-style architecture, musical fountains, and impressive bronze horse-and-chariot displays.



3 Zhangye ~ Danxia Scenic Area Incl Shuttle Bus ~(est 3.5hrs) Jiayuguan

- + **[Danxia Scenic Area]** commonly known as the Rainbow Mountains, is a world-famous geological wonder. It is widely celebrated for its surreal, multi-colored rock formations that mimic a vibrant oil painting spread across rolling hills.

Jiayuguan ~ Jiayuguan Pass Fortress Incl Admission +

4 Shuttle Bus ~ Silk Road Sculpture Corridor -Son of the Earth (own expense) ~(est 5hrs) Dunhuang ~ Night Market

- + **[Jiayuguan Pass Fortress]** the majestic western starting point of the Ming Dynasty Great Wall. This 14th-century architectural marvel served as a primary Silk Road checkpoint and a strategic military defense system against invading forces.
- + **[Silk Road Sculpture Corridor]** It features monumental, contemporary sculptures designed to harmonize human creativity with the vast, arid desert landscape. Key Highlights are Son of the Earth & Boundless.
- + **[Shazhou Night Market]** the largest and most famous night market in Dunhuang, renowned for its vibrant food stalls, regional handicrafts, imitation Tang Dynasty architecture, and lively, multi-ethnic atmosphere



Dunhuang ~ Mt Mingsha & Crescent Spring Scenic

5 Area Incl 1 way Shuttle Bus+Camel Ride +Shoe Covers ~Mogao Caves Incl 3D Film +Shuttle Bus

- + **[Mt Mingsha & Crescent Spring Scenic Area]** where massive, echoing sand dunes coexist with a millennia-old, natural crescent-shaped oasis, it offers unique desert activities, stunning sunsets, and starry night skies
- + **[Mogao Caves]** The 492 cells and cave sanctuaries in Mogao are famous for their statues and wall paintings, spanning 1,000 years of Buddhist art. comprise the largest, most richly endowed, and longest used treasure house of Buddhist art in the world.

Dunhuang ~ Golmud (2780M) ~ Qarhan Salt Lake

6 (2670M) Incl Shuttle Bus ~Yadan landforms (Outlooks)

- + **[Qarhan Salt Lake]** is China's largest salt lake, Known for its surreal sapphire and emerald-green waters, the lake is an awe-inspiring destination featuring salt-carved formations, The harsh, dry climate causes salt crystals to grow into breathtaking shapes, resembling corals, pagodas, and animals
- + **[Yadan landforms]** The surreal, wind-eroded sandstone and clay mesas were sculpted over hundreds of thousands of years. on the way, you can spot naturally carved shapes resembling pyramids, peacocks, Mongolian yurts, and even a fleet of ships.



7 Golmud ~(est 5.5hrs) Chaka Salt Lake(3059M) Incl

Shoe Covers + Exclusive complimentary drone aerial video

- + **[Chaka Salt Lake]** a natural crystallized saline lake, famed as the "Mirror of the Sky". its pristine white salt crust and crystal-blue waters create stunning reflections of the sky and surrounding mountains

Chaka ~(est 2.5hrs) Qinghai Lake(3196M) Incl Shuttle

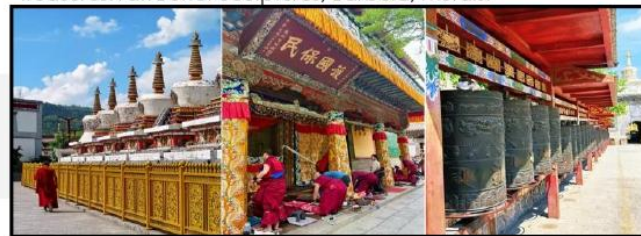
8 Bus ~ Pass by Riyue Mountain & Daotang River ~(est 3hrs) Xining(2275M)

- + **[Qinghai Lake]** China's largest inland saline lake. Renowned for its azure waters and surrounding landscapes, it is a major destination for birdwatchers, cyclists, and cultural pilgrims.

Xining ~ Kumbum Monastery(2696M) Incl Shuttle Bus

9 +A professional guided Tour ~(est 3hrs) Lanzhou

- + **[Kumbum Monastery]** It is the sacred birthplace of Je Tsongkhapa, the founder of the Gelug (Yellow Hat) school of Tibetan Buddhism. It serves as one of the six great traditional monasteries of the Gelug sec. There are three artistic treasures: Yak Butter Sculptures, Barbola, Murals.



10 Lanzhou ✈️ Singapore

Wish you enjoy 10Days Tour with Hong Thai Travel

~Tour Sequence may change, subject to land agent's final arrangement~
~All images are for reference only, the actual scene may differ due to factors like season, weather~

LXNN10_CN_23-Jun-26



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