

中国



7天 悠享瀘沽湖-女兒國部落*大理*麗江

豪華時尚贊住

既有文化气息与现代舒适相结合,又有自然风光与人文风情,兼顾豪华舒适与地域特色;每晚都能享受更具特色、更贴近自然的精致住宿体验。



瀘沽湖-摩梭人

云南海拔最高的湖泊,中国第三大深水湖泊。这里湖光山色,风景秀丽,被誉为川滇高原的日内瓦;湖畔的摩梭人将其誉为“母亲湖”。参观摩梭家居+篝火晚会体会女儿国的风土人情,感受最原始的摩梭族人对生活和所在地的热爱和向往。



本團特色

- ✓ **瀘沽湖** 2晚瀘沽湖,深度探索「东方女儿国」,深入体验摩梭民族文化
- ✓ **丽江** 一次走遍三种古镇风情,感受纳西文化、古镇建筑与慢生活;更可在黑龙潭公园寻找欣赏玉龙雪山绝美日照金山盛景的绝佳机会;一天「懒人路线」以漫步,拍照,逛街,喝咖啡的方式慢慢感受丽江。
- ✓ **大理** 走访大理古城,在休闲漫步下体验独特的文艺气息与悠闲生活方式。



第一天: 新加坡✈(约4小时)丽江【黑龙潭公园】

第二天: 丽江【白沙古镇】-(约3.5小时)瀘沽湖【瀘沽湖观景台、篝火晚会】

第三天: 瀘沽湖【乘猪槽船游里务比岛(附加配套)、里格观景台、情人沙滩、摩梭民居】

第四天: 瀘沽湖-(约4.5小时)大理【大理古城-洋人街、红龙井】

第五天: 大理-(约2.5小时)丽江【东巴秘境<含电瓶车+玻璃桥>(附加配套)、束河古镇】

第六天: 丽江【全天自由活动 或 选择自费1日游(4人成行)<玉龙雪山冰川公园+甘海子+白水河+蓝月谷(含冰塔林大索道+电瓶车)>】

第七天: 丽江【丽江古城休闲懒人路线:大水车-四方街-沿河步道-科贡坊-文昌宫观景台(俯瞰古城全景最佳拍摄点)-樱花餐厅片区-现文巷纸伞街-五一街文艺小店集群】✈(约4小时)新加坡

天数	早餐	午餐	晚餐	城市	LJG7L
	7天(6早,5午,5晚)				准5★酒店或同级 全程无购物
1	✈	✓	纳西风味 +篝火打跳	丽江	准5★ 戴斯温德姆酒店 或 麦克达温德姆酒店
2	酒店	✓	摩梭石锅鱼火锅	泸沽湖	精品民宿 2晚 悦连庄达布壁院
3	酒店	✓	摩梭农家风味		或 清晨时光酒店
4	酒店	✓	白族风味+乳扇	大理	准5★水云书院酒店 或 三塔苑酒店
5	酒店	✓	丽江粳粑风味	丽江	2晚 准5★ 戴斯温德姆酒店
6	酒店	✕	✕		或 麦克达温德姆酒店
7	酒店	✕	✈		结束7天精彩行程, 康泰祝您旅途愉快!

- 生效日期: 2026年10月起有效 LJG7L_CN_15-Aug-26
- 若航班时间及行程次序因不可抗力因素有所变动,须以航空公司及当地接待安排为准
 - 入境口岸可能在昆明或丽江,须视具体出发日期而定及出发前航空公司的最后确认为准。
 - 中国各地酒店的三人间提供的是折叠加床,瀘沽湖,玉龙雪山等景区餐厅因环境所致,条件有限,敬请团友谅解。
 - 玉龙雪山属高原地区,海拔在2600米以上,可能产生高原反应,敬请团友注意,详情请参阅本社<高原反应须知>
 - 导游司机服务费:人民币¥40/天/人 两岁小童亦须缴付
- 附加配套:人民币700/人 1) 乘猪槽船游里务比岛; 2) 丽江东巴秘境(含电瓶车+玻璃桥); 3) 丽江马帮菌火锅



康泰旅行社 6533 1788

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*订团须知规则,请参阅订单 / Tour Booking Form

CHINA



7D Yunnan Dreamscape Lugu Lake* Dali* Lijiang



Comfortable & Stylish Stays

A perfect blend of modern comfort, local culture and natural beauty, offering a refined and distinctive stay throughout the journey.



Lugu Lake – Mosuo Culture

Admire the scenic beauty of Yunnan's iconic Lugu Lake, known as the Mosuo people's "Mother Lake." Visit a **traditional Mosuo home** and enjoy a **Mosuo Bonfire Party** to experience the unique culture, traditions and vibrant lifestyle of the "Kingdom of Daughters."



Tour Highlights

- **Lugu Lake:** 2-night stay to explore the "Oriental Daughter Kingdom" and experience Mosuo culture.
- **Lijiang:** Explore 3 charming ancient towns, Naxi culture and traditional architecture; Enjoy the spectacular "Golden Mountain" view at Black Dragon Pool, Enjoy a relaxing "Lazy Day" of strolling, shopping and café-hopping.
- **Dali:** Stroll through Dali Ancient Town and soak up its artistic charm and laid-back lifestyle.

D1: Singapore ✈ (est 4hrs) **Lijiang** **【Black Dragon Pool Park】**

D2: **Lijiang** **【Baisha Ancient Town】** - (est 3.5hrs) **Lugu Lake** **【Lugu Lake Viewing Platform, Mosuo Bonfire Party】**

D3: **Lugu Lake** **【A pig-trough boat ride to Liwubi Island (Additional Tour) 、 Rigg Viewing Platform, Lover's Beach 、 Mosuo Village Visit】**

D4: **Lugu Lake**-(est 4.5hrs) **Dali** **【Dali Ancient City-Foreigner Street 、 Red Dragon Well】**

D5: **Dali**-(est 2.5hrs) **Lijiang** **【Dongba Secret Land<Incl Shuttle Bus+Glass Bridge> (Additional Tour) 、 Shuhe Ancient Town】**

D6: **Lijiang** **【Free at leisure for the whole day】**

D7: **Lijiang** **【Lijiang Old Town "Lazy Tour": Waterwheel → Sifang Street → Riverside Walkway → Kegongfang → Wenchang Palace Viewing Platform → Wuyi Street's Artistic Shops】** ✈ (est 4hrs) **Singapore**

Lijiang 1 day optional tour: Jade Dragon Snow Mountain Glacier Park Cableway+Blue Moon Valley (Incl Shuttle Bus)-GV4 to go @ ¥720p.p

DAY	ABF	LUNCH	DINNER	CITY	LJG7L Local 5★ Hotel or similar NO SHOPPING STOPS
	7D (6ABF, 5L, 5D)				
1	✈	✓	Naxi Cuisine + Bonfire Dance	Lijiang	Local 5★ Days Hotel by Wyndham Or Microtel by Wyndham
2	Hotel	✓	Stone Pot Fish Hot Pot	Lugu Lake	2N Yuelianzhuang Dabu Shuyuan Resorts
3	Hotel	✓	Mosuo Farmer's Flavor		
4	Hotel	✓	Milk Curd	Dali	Local 5★ Shuiyun College
5	Hotel	✓	Lijiang Pancake	Lijiang	2N Local 5★ Days Hotel by Wyndham Or Microtel by Wyndham
6	Hotel	x	x		
7	Hotel	x	✈		

Wish you enjoy 7 days holiday with Hong Thai!

Effective from Oct'2026

LJG7L_CN_15-Aug-26

- Tour Sequence and Flight Schedule subject to local agent and airline's final confirmation.
- IN/OUT China Port May vary among KMG/LJG, therefore tour sequence subject to final arrangement.
- Please note that only rollaway bed will be provided in most China Hotels for triple sharing room.
- Limited by circumstances, the restaurants and facilities in Yunan some places may not be as good as you expected.
- Mt. Yulong Snow located at high sea level, please refer to High Mountain Sickness Syndrome note for more details
- Tipping for local guide & driver **RM840/D/P**. Adult & Child Same

Additional Tours RM8700/P.P 1) Jade Dragon Snow Mountain Glacier Park Cableway; 2) Blue Moon Valley; 3) Lijiang Caravan Mushroom Hotpot



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