

中国



8天高铁穿越 雲南之南 * 老撾之北

世界文化遺產-琅勃拉邦

曾是老挝的首都，已被联合国教科文组织列入世界文化遗产。从金顶寺院到法国殖民时期的建筑遗迹，36 座古老佛寺和上百幢法式殖民建筑将它点缀得风姿绰约。



清晨布施觀禮是当地流传已久的佛教风俗，接受信徒的布施，是一场馈赠和感恩的参与。特别安排团友通过这种独特的体验，参与到这一神秘的传统中。

香通寺是琅勃拉邦也是全老挝最美丽的寺院之一；浓缩了琅勃拉邦古老的寺庙建筑风格。也是老挝新年最重要的庆祝地点之一。

光西瀑布瀑布总高 100 米，从石灰石山峰倾泻而下，在山下汇集成一个个水池，呈仙境般的碧蓝色，如梦如幻。景似中国四川黄龙景区的钙化池。

紅爆 INS 稻田餐廳 琅勃拉邦必打卡的万亩稻田餐厅，绿油油的稻田中搭建的小木屋，在蓝天白云下，特别安排在此享用悠闲午餐，感觉很写意！

一程《昆明-琅勃拉邦》 一程《琅勃拉邦-磨憨》 中老国际高铁

西雙版納般若寺

结合了傣族传统建筑风格与东南亚风情的南传佛教寺庙，因华丽的建筑风格走红网络。



告莊星光夜市/六國水上市場

西双版纳新地标，独特的夜市文化。去夜市“寻宝”，体验当地风情。



望天樹景區<含船游南腊河> 熱帶雨林國家公園

以热带雨林的标志性树种望天树为核心的区域是中国被世界公认的热带雨林。特别安排船游有东方亚马逊之称的南腊河热带雨林观光带。



西雙版納傣族園

于万人泼水广场上，尽情体验傣族泼水节的欢乐氛围。



大渡崗萬畝茶園

【有一种叫云南的生活】一起去大渡岗万亩茶园打卡吧！万亩“茶海”一碧万顷。



普洱有風咖谷

山风轻拂，咖啡飘香；来一个沉浸式体验原产地咖啡文化，含品鉴手冲咖啡



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中国



天数	早餐	午餐	晚餐	城市	KVTE8 4-5★酒店或同级
1		✱	老滇风味	昆明	品牌 4★ 官渡豪生 Life 酒店 或 希尔顿惠庭酒店
2	酒店	动车简餐	✕	琅勃拉邦	2晚 准 5★ 乔阿西斯霍特酒店 或 朱丽安娜皇宫酒店
3	酒店	稻田餐厅	✓	琅勃拉邦	2晚 准 5★ 乔阿西斯霍特酒店 或 朱丽安娜皇宫酒店
4	酒店	✓	✕	西双版纳	2晚 准 5★ 五洲大酒店 或 华美达酒店<副楼>
5	酒店	✓	✕	西双版纳	2晚 准 5★ 五洲大酒店 或 华美达酒店<副楼>
6	酒店	普洱风味	生态农家 紫色宴	墨江	准 5★ 榕树家温德姆酒店 或 双子座大酒店
7	酒店	✓	粤菜风味	昆明	品牌 4★ 官渡豪生 Life 酒店 或 希尔顿惠庭酒店
8	酒店	✱	-	昆明	结束 8 天精彩行程, 康泰祝您旅途愉快!

自2025年4月起生效 KVTE8_10_CN_21-Mar-25

- 航班时间及行程次序以航空公司及当地接待单位安排为准。
- 老挝的住宿、游览车、路况及餐厅等因条件所限,各种基础设施仍欠水准,本社已尽量安排当地最佳,请各位团友留意。
- 琅勃拉邦做为文化遗产保护,当地政府规定大车不得进入市区,需换乘小车或当地嘟嘟车,敬请见谅!
- 各地酒店的三人间提供的是折叠加床,请各位团友留意。
- 酒店标明仅供参考;若中英文行程版本不符,将以中文版本为依据。
- 导游司机服务费:人民币¥40/人/天,两岁之小朋友亦需要缴付
- 附加配套:RMB700/人 老皇宫博物馆+北回归线标志园+孔雀宴风味

1 新加坡 ✱ (约 4 小时) 昆明

✱ 齐聚新加坡樟宜机场,乘豪华客机飞往云南省会,四季如春的【昆明】

2 昆明 ~ (约 6.5 小时动车) 琅勃拉邦 ~ 老皇宫博物馆 <附加配套> ~ 普西山 ~ 夜市

- ✱ **【老皇宫博物馆】** 由王宫改建而成,里面展出着很多澜沧王国的遗迹及国家级的珍贵文物,最珍贵的老挝国宝勃拉邦金佛也能在这里看到。
- ✱ **【普西山】** 琅勃拉邦的最高点,也是俯瞰全城的最佳地点,沿路寺庙众多,山顶有金色顶点的宗西塔,山麓则有王宫,从山顶的瓦奈寺向下看,360度古城风景尽收眼底。
- ✱ **【琅勃拉邦夜市】** 体验当地极具热带风情的生活方式,尽情发掘各式手工艺品;或休闲的在河边享受迷人夜景。

3 琅勃拉邦 ~ 清晨布施观礼 ~ 香通寺 ~ 稻田餐厅 ~ 光西瀑布 ~ (约 1 小时) 织布村

- ✱ **特别安排【清晨布施观礼】** 在佛教盛行的老挝,布施是一种极具仪式感的传统仪式,寺庙中的僧人每天清晨列队出门托钵化缘,当地人等在僧人的必经道路上,将糯米饭依次施舍给每位经过的僧人,这个过程肃穆感人,是琅勃拉邦最具特色的一大景观。
- ✱ **【香通寺】** 琅勃拉邦颇具代表性的寺庙,整个建筑淋漓尽致地体现了琅勃拉邦寺庙的建筑风格,其中红色小寺中供奉一尊可追溯到此寺建筑之初年代的卧佛。
- ✱ **特别安排午餐于火爆 ins 的【稻田餐厅】** 坐在法式风情的茅草屋内,呼吸田间清新空气,品尝最地道的老挝风味,还有一杯嘴椰子壳装的稻田咖啡,满满本地特色。
- ✱ **【光西瀑布】** 由一个大瀑布和山下多个小瀑布组成的瀑布群,总落差 100 米;沿着山涧从上飞泻而下汇成叠叠水潭,又形成层层瀑布连绵不断,非常壮观。
- ✱ **【织布村】** 了解老挝众多民族的风俗,可亲手感受织布过程,体验老挝手工织布工艺。

4 琅勃拉邦 ~ (约 4 小时动车) 磨憨 ~ 热带雨林国家公园·望天树景区 <含门票+船游南腊河> ~ (约 2.5 小时) 景洪

- ✱ **【望天树景区】** 一家从水、陆、空全方位体验热带雨林的景区,以热带雨林的标志性树种望天树为核心,涵盖了西双版纳保存完整的热带雨林风光,惊险刺激的空中树冠走廊,南腊河水上风情景观带,周边原生态自然村落和傣族、哈尼族人、补过人、排角人、布朗族人、卡米人、瑶族、彝族等少数民族的文化和风情。
- ✱ **【南腊河游船观景】** 坐船游览有东方亚马逊之称的南腊河热带雨林风光带。长达 4.3Km 的南腊河流域蜿蜒曲折,两岸层叠茂密的热带雨林和生长在水中的奇异雨林植被共同构成了一幅风光旖旎的美妙画面。

5 西双版纳 ~ 般若寺-银塔 ~ 橄榄坝傣族园 <含景区环保车> ~ 告庄西双景-澜沧河六国水上市场-星光夜市

- ✱ **【般若寺-银塔】** 一座结合了傣族传统建筑风格与东南亚风情的南传佛教寺庙,充满着浓郁的异域色彩。佛塔通体银白,矗立在景洪城郊曼真村的山顶,可以俯瞰整座城市。因独特造型,华丽的建筑风格现在已经成为网红打卡点。
- ✱ **【傣族园】** 一座典型的傣族村寨,由一大群竹楼所组成,编盖得十分精巧,四周种满了翠竹、香蕉、凤凰木和椰子树,树荫如盖,凤凰花艳红如火,十足南国情调。这里每天都有傣历新年的泼水节表演,团友可在万人泼水广场尽情体验傣族泼水节的欢乐氛围,感受傣家泼水节的热烈场面,还可参观傣族佛寺,了解傣族佛教文化。
- ✱ **【澜沧河六国水上市场】** 是最具傣族风情、最具傣族民俗的水上集市;这里水路纵横,水面上木楼别具风格,因其融汇了中国、老挝、泰国、缅甸、柬埔寨、越南六国水上市场的特色而得名。
- ✱ **【告庄星光夜市】** 紧邻澜沧江,花灯点缀下的夜市人潮涌动,是众人钟爱的旅拍胜地,这里的东南亚小吃比比皆是;而最地道的版纳美食,烧烤,各类热带水果也很诱人。

6 西双版纳 ~ (约 2.5 小时) 普洱-大渡岗万亩茶园~咖啡庄园-有风咖谷 <含 DIY 手冲咖啡+品鉴 3-4 款咖啡>

~ 咖啡豆采摘 <10/11-20/2> ~ (约 2.5 小时) 墨江

- ✱ **【大渡岗万亩茶园】** 被誉为古道驿站、雨林秘境,被世界纪录认证机构认定为“世界最大连片茶园”;是中国最大的普洱茶产地,万亩“茶海”一碧万顷,彩虹步道环绕山间;在此感受户外美好风景,观赏云、山、雾、茶、路、村于一体的茶园奇观。
- ✱ **【有风咖谷】** 依托普洱原产地咖啡种植资源,这里可以品尝到以云南豆为基底,由庄园自主研发,融合了云南各地风情元素的多种风味咖啡产品,咖啡文化体验中心内设有专业的咖啡课程教室、杯测区、烘焙体验区、咖啡冲泡区以及咖啡爱好者DIY等多个功能区域,特别安排团友参与杯测品鉴与手冲咖啡的实践。
- # **咖啡豆采摘体验:** 每年11月到次年2月底是咖啡豆采摘季节,将安排此期间出发的团队采摘咖啡豆,体验在咖啡地里劳作的快乐,开启“从种子到杯子”的沉浸式咖啡之旅。

7 墨江 ~ 双胞胎井 ~ 北回归线标志园+魔毯 <附加配套> ~ (约 3 小时) 昆明~昆明老街-网红地标钱王街

- ✱ **【墨江】** 中国唯一的哈尼族自治县,全世界唯一被北回归线从城市中心区穿城而过的地方,在此可见最奇特的村庄-有着五百多对双胞胎的【双胞胎村】,这里的【双胞胎井】据说常喝可令人生下双胞胎。
- ✱ **【北回归线标志园】** 整个建筑实体以北回归线为中轴,结合古代“十月太阳历”和现代科学技术手段精确地展示北回归线的地理位置及变化;每年夏至均可在此“捕捉”到“立杆不见影”的天文奇观。特别安排体验【飞天魔毯】登上站台就可以实现空间移动,平稳舒适的观赏周围风景,不用移步便可实现遨游美景之中。
- ✱ **【昆明老街】** 昆明城中最后遗留的历史街区,内留存了112处清末和民国时期的历史建筑;在阡陌交错的老街巷中,钱王街将潮流与历史在此对撞,这里有老宅子中的星巴克,有英国专业的电音酒吧,还有很多手工艺人的精品商店,在这里街拍的美女帅哥络绎不绝。

8 昆明 ✱ (约 4 小时) 新加坡

8 天旅程圆满结束, 康泰旅行社与您共享美好回忆!

KVTE8_CN_21-Mar-25

~行程顺序按实际情况可能前后调动,以当地接待单位最后安排为准~



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CHINA



8D Yunnan*Laos High Speed Train Tour

UNESCO-Luang Prabang

an outstanding example of the fusion of traditional architecture and Lao urban structures with those built by the European colonial authorities in the 19th and 20th centuries.



Phousi Hill

Morning Alms Giving Ceremony is a daily tradition where Buddhist monks and novices walk through the streets to collect food offerings from the community, typically starting around 5:30-6:30 am.

Wat Xiengthong one of the most beautiful and most revered Buddhist temples in Laos. A royal temple and a place where the former kings of Laos were crowned.

Kuang Si Waterfall It is known for its milky turquoise waters. Soak in the wondrous structure of the famous tiered waterfall as it tumbles into spectacular azure pools

Rice Field Restaurant where you can stay close to nature, rice fields, relaxing and refreshing with a tasty local food and drink.

01way KMG-Luang Prabang
01way Luang Prabang-Mohan bullet train

Xishuangbanna Banruo Temple

A popular check-in place due to its unique shape and white color. The pagoda appears solemn and sacred against the blue sky and white clouds.



Gaozhuang Night Market

A vibrant open air night market, to spend a whole evening marvelling at the wide variety of food and goods at the numerous stalls.



Skytree Scenic Area

It's said that the luxuriantly green forest here is similar to the Pandora planet in movie Avatar. A special arrangement for experience boating on Nanla River, which is reputed by local people the Oriental Amazon.



Schematic diagram of the China-Lao Railway



Dai Minority Park

Join the joyful Water Splashing Ritual, it is a joyous occasion and an opportunity that should not be missed



Dadygang Tea Garden

"The first township of Pu'er tea in China." It features interconnected mountains and paths, surrounded by pristine forests free from industrial pollution.



Youfeng Coffee Valley

Immerse yourself in coffee culture, from planting to brewing, while enjoying coffee that brings joy and laughter.



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CHINA



Day	BKF	LUNCH	DINNER	City	KVTE8 4-5★ Hotel or similar
	8Days (7B, 6L & 4D)				
1		✱	✓	Kunming	Int'l 4★ Howard Johnson Life Guandu
2	Hotel	Lunch Box	✱	Luang Prabang	2N Local 5★ Choasis Hotel or Le Palais Juliana
3	Hotel	Rice Field Restaurant	✓		
4	Hotel	✓	✱	Jinghong	2N Local 5★ Rezen Allness Hotel or Ramada Plaza
5	Hotel	✓	✱		
6	Hotel	Pu'er Flavors	Purple Feasts	Mojiang	Local 5★ Wyndham Garden Hotel
7	Hotel	✓	Cantonese Cuisine	Kunming	Int'l 4★ Home2 Suites by Hilton
8	Hotel	✱			Wish you enjoy your holiday!

Effective from APR'25 KVTE8_CN_21-Mar-25

- Tour sequence and flight schedule subj to land agent and airlines' final arrangement
- Your understanding on the limited conditions of some restaurants, coach & road in Laos is very much appreciated.
- Please note that only foldable roll-over bed will be provided in most China & Laos Hotels for tripling sharing room.
- Tipping for local guide & driver: **RMB40/Pax/Day** Adult & Child same
Additional Tour RMB700 p.p
1) National Museum; 2) Tropic of Cancer Market Park; 3) Peacock Banquet;

1 Singapore ✱ (est 4hrs) Kunming

- + Assemble at Changi Airport for your flight to [Kunming].

Kunming ~ (est 6.5hrs train) Luang Prabang

2 ~ National Museum <Own Expense>

~Phousi Hill ~Night Market

- + [National Museum] once Laos' Royal Palace. It houses a lot of interesting historical items. Every item tells a story...so you will learn quite a lot about Lao history and about Laos' royal.
- + [Phousi Hill] It lies in the heart of the old town. From the top you will have great 360 degree views of Luang Prabang, the Mekong and Nam Khan rivers and the forested mountains.
- + [Night Market] is a bustling hub of activity, filled with stalls selling everything from traditional handicrafts to delicious street food.

3 Luang Prabang~Alms Giving Ceremony ~Wat Xiengthong ~Rice Fields~Kuang Si Waterfall

- + [Alms Giving Ceremony] takes place between the hours of 5-6am each day and involves people placing food and personal care items into the alms bowls of passing monks. It's a silent and sacred ceremony – one that is steeped in tradition.
- + [Wat Xiengthong] one of the largest temples in Luang Prabang. Its structure has characteristics of 16th-century Lao architecture, with elaborate mosaic patterns, wall carvings, rare Buddhist deities, and a 12-metre-tall funeral carriage.
- + [Rice Fields Restaurant] Enjoy the view over the rice fields while you have lunch, which surrounds by beautiful nature, rice fields, cute animals, lovely hosts, great coffee and delicious food.
- + [Kuang Si Waterfall] a three-tiered waterfall with a drop of 60 meters. The water flows into a turquoise blue pool before continuing downstream. The harmony between the blue of crystal water and the green of verdant jungle paints a picturesque landscape of swimming pools in the sky.

Luang Prabang ~ (est 4hrs train) Mohan

4 ~Skytree Scenic Area [Incl Boatride on Nanla River] ~ (est 2.5hrs) Jinghong

- + [Skytree Scenic Area] where the trees are as high as to tens meters tall, looking like a giant comparing to the trees in north. It's said that the luxuriantly green forest here is similar to the Pandora planet in movie Avatar.
- # A special arrangement to take a boat on Nanla River to enjoy the natural charm of the tropical rainforest from different angles. The river is also reputed by local people the Oriental Amazon.

5 Xishang Banna ~Banruo Temple ~ Dai Minority Park [incl Tram Ride] ~ Gaozhuang Night Market

- + [Banruo Temple-Prajna Temple] From afar, it looks like a magnificent palace, goes beyond people's understanding of ordinary temples and has become a popular check-in spot for internet celebrities due to its unique design and pure white color.
- + [Dai Minority Park] consists of five well-preserved natural villages. Each village is filled with classic Burmese-style stupas and traditional family bamboo houses that give a true sense of the rich local family culture. There is a waterworks fountain at the center of the park, where a miniature Songkran festival is held each day to the delight of locals and guests alike.
- + [Gaozhuang Night Market] you can not only indulge in various culinary delights but also experience traditional ethnic costumes and capture memorable photographs.

6 Xishuang Banna ~ (est 2.5hrs) Pu'er~Dadugang Tea Garden ~Youfeng Coffee Valley~ (est 2.5hrs) Mojiang

- + [Dadugang Tea Garden] is recognized as the world's largest tea plantation by the World Record Certification Agency, specifically for its Pu'er tea production. It features interconnected mountains and paths, surrounded by pristine forests free from industrial pollution. This creates a unique landscape where clouds, mountains, mist, tea, roads, and villages blend harmoniously.
- + [Youfeng Coffee Valley] offers a variety of coffee made from Yunnan beans, crafted in-house with regional flavors. The Coffee Center features a course classroom, cupping area, roasting zone, brewing station, and DIY space. Special arrangements are made for coffee tasting and DIY brewing experiences.

Coffee Bean Picking Fun: A special arrangement of coffee bean picking fun only available from Nov – Next Feb

Mojiang ~Twins Well ~Tropic of Cancer Marker Park

7 +Flying Carpet Ride<Own Expenses>

~ (est 3hrs) Kunming~Kunming Old Street

- + [Mojiang] the only Hani Autonomous County in China, the only place in the world has been run through by the Tropic of Cancer. It is also famous of its Twins Village, which has more than 500 pairs of twins, take a look at the Twins Well, the villagers believe that the water will aid the conception of twins.
- + [Tropic of Cancer Marker Park] A popular science museum illuminates our understanding of nature, life and sunshine. and the Tropic of Cancer is "captured" here at the summer solstice every year.
- + [Flying Carpet Ride] Experience fun moments in the colorful atmosphere of the Flying Carpet. It is fun to use it as a form of transportation.
- + [Kunming Old Street] is the only traditional street block in Kunming which retains the layout from the Ming and Qing dynasty. The block is home to plenty of historical relics and protected buildings.

8 Kunming ✱ (est 4hrs) Singapore

Wish you enjoy your holiday with Hong Thai Travel!
~Tour Sequence may change, subj to land agent's final arrangement



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