

# 7D6N Bhutan, Land of Happiness

## Sleep in comfort !

- ✿ 4\* hotel throughout the tour

## Let's have fun in land of happiness!

- ✿ Enjoy the beauty of paddies, Valley & Himalayas
- ✿ Welcome to Bhutan with khadar (traditional white scarf)
- ✿ Learn about traditional Bhutanese craft of weaving and embroidery in Textile Museum
- ✿ See Takin, the national animal of Bhutan
- ✿ Shopping spree in Local craft Bazaar
- ✿ Hike to the iconic Tiger's Nest monastery (option to take pony at additional cost)
- ✿ DIY Ema Datsi (traditional chilli & cheese)
- ✿ Bhutanese Gho and Kira wearing experience
- ✿ Buffet Dinner + Bhutanese Traditional Performance
- ✿ Spring season: Mar-May the ice melting away and flowers in full bloom like magnolias, lilies, hydrangeas, Himalayan poppies, rhododendrons
- ✿ Fall season: Sep-Nov vibrant hues of orange, red, yellow, and gold across the hills and valleys



Khamsum Yuelley  
Namgyal Chorten



### DAY 01: Singapore - Paro – Thimphu (~ 1½hr drive)

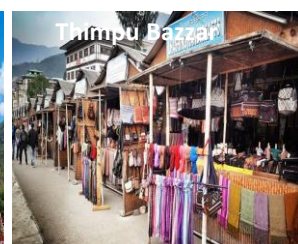
Upon arrival, receive warm welcome with khadar (traditional white scarf). Drive to Thimphu, the capital town of Bhutan. Just before reaching Chuzom, you will see **TschogangLhakhang**, "the temple of the excellent horse", a private temple built in 15th century. Brief stop at **Chuzom** (confluence of Thimphu and Paro rivers) with three different style of stupas; Tibetan, Nepalese and Bhutanese. Continue journey to the capital town of Bhutan **Thimphu** (altitude 2400m), a unique city with unusual mixture of modern development alongside ancient traditions. With a population of about 90,000 it is perhaps still the world's only capital city without a traffic light. In the evening, enjoy a walk around Thimphu and the **Local Crafts Bazaar**. Here you can buy hand-woven textiles, Thangka paintings, masks, ceramics, slate and wood carvings, jewellery, interesting items made from local materials.

### DAY 02: Thimphu

After breakfast visit **Textile Museum** to learn about one of Bhutan's most distinct art. Then visit Simply Bhutan, a living museum and studio encapsulating the cultural heritage of the Bhutanese people. At **Buddha Point (Kuensel Phodrang)**, you may offer prayers to the largest Buddha statue in the country and enjoy the beauty of the Thimphu valley. Later visit **Takin Zoo**, a wildlife reserve area for Bhutan Takin, the national animal of Bhutan. Next, visit **King's Memorial Chorten**. This stupa, which is predominantly white with spires of gold, was erected in 1974 in honor of the father of modern Bhutan, the third king of the country, His Majesty Jigme Dorji Wangchuck. Visit to **Trashichhoedzong**, an impressive fortress/monastery houses Secretariat building, the throne room of His Majesty, the King and various government offices.

### DAY 03: Thimphu – Punakha (~ 3hr drive)

This morning, visit **Dochula Pass** (altitude 3080m). It offers the most spectacular view over the high peaks of the eastern Himalayas on a clear day. In Bhutan, the passes are marked by a large Bhutanese Chorten and prayer flag. Explore and visit the local market in Wangdue Phodrang. Continue drive to Punakha. **Punakha Dzong** sits at the confluence of the Mo Chhu (Female) and Pho Chhu (Male) rivers. Cross the Bazam Bridge (rebuilt in 2008 after severe floods swept away the 17th century original bridge) to the dzong.



#### DAY 04: PUNAKHA

After breakfast, hike up through fields of chilies, cabbages and rice along the banks of the Mo Chhu to **Khamsum Yuelley Namgyal Chorten**, a stunning monument recently built by the Queens and consecrated in 1999. Later visit to **Sangchen Dorji Lhuendrup Lhakhang Nunnery**. Perched on a ridge amid pine trees and overlooking valleys of Punakha and Wangdue Phodrang, gleams the magnificent structures of the temple. It houses a 14-foot main bronze statue of Avalokiteshvara (Chenrigzig chagtong chentong), one of the biggest in the country, was the handiwork of local Bhutanese artisans. The temple complex also houses a permanent higher learning and meditation centre for nuns.

#### DAY 05: PUNAKHA – PARO (~4½hr drive)

In the morning, go for a short walk (~1½hr) to Chimi Lhakhang. Through paddy fields and villages will give you rare glimpses into the daily life and lifestyle of the villagers. The **Chimi Lhakhang**, situated on a hillock in the centre of the valley, also known as the temple of fertility. Continue drive to Paro on highway, enroute visit **SimtokhaDzong**, the oldest fortress of the country built in 1627. It now houses the School for Buddhist studies. On arrival in Paro, check into the hotel. After lunch, visit **Ta Dzong**, originally a Watchtower, now turned to a National Museum with extensive collection of antique. Take a short walk down the trail to visit **Rinpung Dzong (ParoDzong)**, (“fortress of the heap of jewels”) Along the wooden galleries lining the inner courtyard are fine wall paintings illustrating Buddhist lore such as four friends, the old man of long life, the wheel of life, scenes from the life of Milarepa, Mount. Sumeru and other cosmic Mandala.

#### DAY 06: Paro

This morning, excursion to **Taktshang Monastery** (est 5hrs walk), one of the most famous Bhutan’s monasteries, perched on the side of a cliff 900m above the Paro valley. It is said that Guru Rinpoche arrived here on the back of a tigress and meditated at this monastery and hence it is called ‘Tiger’s Nest’. This site has been recognised as a most sacred place and visited by ShabdrungNgawangNamgyal in 1646 and visited by all Bhutanese at least once in their lifetime. On 19 April, 1998, a fire severely damaged the main structure of building but now this Bhutanese jewel has been restored to its original splendour. In the evening, visit the 7th century Kyichu Lhakhang, one of the 108 temples built in the Himalayas by Tibetan King, Songtsen Gampo. The building of this temple marks the introduction of Buddhism in Bhutan.

#### DAY 07: Paro - Singapore

After early breakfast at the hotel, drive to the airport for flight back to Singapore.

##### Note:

- During major international or local festive events, accommodation may not be arranged as stated above.
- Tour groups may be merged and sequence of itinerary is subject to change without prior notice.
- If bonus tour is cancelled due to unforeseen circumstances, there will be no replacement/refund.
- All hotel ratings are based on local standard. In case of hotel rooms are running full, an equivalent standard hotel will be given as replacement.
- Room type, size and/or view are allocated by hotel/resort, subject to availability.
- Tour is fully conducted in **ENGLISH** unless specified.

Updated: 11-Jan-25\_EN\_HN



Sangchen Dorji Lhuendrup Lhakhang Nunnery



Rinpung Dzong



Ta Dzong



Pony ride to Tiger Nest\* optional

Tour Code: PBH7

Day	Breakfast	Lunch	Dinner	Hotel Or Similar Class
1	-	✈	Hotel	4* Thimpu Ariya or The Capital
2	Hotel	Bhutanese cuisine	Hotel	
3	Hotel	Bhutanese cuisine	Hotel	4* Punakha Zhingkhram
4	Hotel	Picnic lunch by Riverside	Hotel	
5	Hotel	Bhutanese cuisine	Hotel Buffet+Rice wine(Ara)+Cultural show	4* Paro Kaachi or Tashi Namgay Resort or Tenzinling Resort
6	Hotel	Picnic Lunch@Tiger nest base (if bad weather, replace by lunch at Café)	FarmHouse	
7	✈			