

# 中国



## 8天 河南深度游·古都+山水

### 洛陽-九朝古都

中国三大石窟艺术宝库之一**龙门石窟**,数十万尊坐卧佛像,巨大的释迦牟尼佛浮雕,造型巧夺天工

含单程景区环保车



### 登封-中国武术之乡

天下第一名刹**少林寺**;中国现存面积最大,数量最多的古塔建筑群**塔林**;精彩绝伦的达摩武林至尊**少林功夫表演**

含往返景区环保车

## 全程无购物

### 開封-八朝古都

访包大人办案的**包公祠**,领略人间正气;漫游**七盛角**感受浓郁的宋代市井风情



### 鄭州-八大古都之一

北临黄河,西依嵩山,中华人文始祖轩辕黄帝的故里;  
**黄河游览区\*郑东新区二七纪念馆\*中原福塔**

### 洛陽牡丹園

每年4月,洛阳牡丹竞相开放,城内处处皆花;一年一度的洛阳牡丹花会也在此时举办,花海人潮,万人空巷。



### 康泰特別體驗

- ★學習少林真功夫@ 释小龙武术学院
- ★學習正宗太極拳@ 太极故里-陈家沟
- ★船游御河@ 开封大宋御河



### 焦作雲台山

全球首批世界地质公园,满山覆盖的原始森林,深邃幽静的沟谷溪潭,千姿百态的飞瀑流泉,如诗如画的奇峰异石,独特完美的自然景观。

### 茱萸峰-U型玻璃棧道

| 天数 | 早餐                     | 午餐    | 晚餐      | 城市                  | 团号: <b>CGO8D</b>   |
|----|------------------------|-------|---------|---------------------|--------------------|
|    | 全程 8 天 (7 早、7 午 及 7 晚) |       |         |                     | 4★ 酒店住宿 或同级        |
| 1  | ✳                      | 豫菜风味  | ✓       | 郑 州                 | 4★ 粤海酒店            |
| 2  | 酒店                     | ✓     | 少林素斋风味  | 登 封                 | 提升 5★ 承善德酒店        |
| 3  | 酒店                     | ✓     | 洛阳半水席风味 | 洛 阳                 | 4★ 王府井吾朵酒店         |
| 4  | 酒店                     | ✓     | 云台山农家风味 | 焦 作                 | 提升 准 5★ 荣逸酒店<无三人间> |
| 5  | 酒店                     | ✓     | 桶子鸡风味   | 开 封                 | 4★ 新东苑酒店 <无三人间>    |
| 6  | 酒店                     | 包子宴风味 | ✓       | 郑 州                 | 2 晚 4★ 粤海酒店        |
| 7  | 酒店                     | ✓     | ✓       |                     |                    |
| 8  | 酒店                     | ✳     | -       | 结束 8 天行程, 康泰祝您旅途愉快! |                    |

生效日期: 2024年4月起

CGO8D\_CN\_19-Jan-24

- 若航班时间及行程次序如有任何更改,以航空公司及当地接待单位安排为准
- 因不同出发时间,天气或季节等自然原因,如花期改变,敬请谅解
- 4月牡丹花季将提升入住1晚5★巩义华裕建国酒店或上街雅乐轩代替洛阳1晚4星酒店
- 酒店标明,仅供参考;若中英文行程版本出现不符之处,将以中文版本为依据
- 中国各地酒店所提供的三人间多为折叠加床,焦作/开封酒店无法安排三人间,需补房差SGD80/间将安排为1双人间+1单人间,敬请留意!
- 酒店标明仅供参考;若中英文行程版本出现不符之处,将以中文版本为依据。
- 导游司机服务费两岁之小朋友亦需要缴付(全程8天-人民币¥320)



## 康泰旅行社

## 6533 1788

#02-121, #04-25/26 珍珠坊  
电邮订位服务: enquiries@hongthai.com.sg  
www.hongthai.com.sg

\*订团须知规则,请参阅订单 /  
Tour Booking Form



团号:CGO8D 有效期至2024年4月起

新加坡 ✈ 郑州~黄帝故里~郑东新区-千禧广场

1 -外观国际会展中心-外观河南小巨蛋艺术中心~二七纪念塔~德化步行街~二七广场

+ 齐聚樟宜机场乘机飞往【郑州】，中国第一个皇帝轩辕帝就出生于郑州新郑县。

+ 【黄帝故里】是海内外炎黄子孙寻根拜祖的圣地。

+ 【二七纪念塔】为纪念1923年2月7日京汉铁路工人大罢工而建，双身并立式塔身，是郑州标志性的建筑

郑州~(约1.5小时)登封~释小龙武术学院<sup>含学</sup>

2 习少林功夫~少林寺<sup>含往返环保车</sup>~塔林

~少林功夫表演

+ 【释小龙武术学院】中国最早的一所正宗武术专业院校，是由少林寺弟子亲自执教的正规武校，特别安排团友在此学习少林功夫，亲身体验中国武术的魅力

+ 参观闻名天下的第一刹【少林寺】少林武术的发源地，“武以寺名，寺以武显”，还可观赏寺中武僧出神入化的【绝世武功表演】

《功夫表演时间以少林寺安排为准》

+ 参观【塔林】有着唐朝以来历代古塔230余座，是中国国内最大的塔林，有砖、石和砖石混合结构的各类墓塔。有历代少林方丈和德高望重的高僧之佛骨和舍利子。

登封~(约1.5小时)洛阳~丽景门古城楼-大唐

贵妃仿古迎宾仪式<sup>含东都洛阳《通关文牒》</sup>

3 ~隋唐仿古街~龙门石窟<sup>含单程环保车</sup>

~牡丹园<01-30/4>

+ 【丽景门古城楼】13个朝代先后在洛阳建都，丽景门建于隋唐，现在的丽景门由城门楼、瓮城、箭楼、城墙、护城河等部分组成，其城垣高厚，重门迭关，气势磅礴，其规模之宏大在河南古建筑中居于首位，被称为古都第一门。

+ 康泰特别安排【大唐贵妃仿古迎宾仪式】，是根据中国古礼中的宾礼和盛唐时期的礼仪，并融入中国古代民族历史文化内涵，体现对贵宾的隆重欢迎，使贵宾亲身领略到中华民族的历史文化风采，每位贵宾将会得到丝绸之路东方起始点-东都洛阳《通关文牒》。

+ 【隋唐仿古街】古城内仿古店铺林立，商贾云集，熙熙攘攘，热闹非凡。团友可在此尽享淘古乐趣。

+ 【龙门石窟】中国三大石窟之一，由大大小小数百个石窟洞群组成，石窟内各种坐卧佛达十万余尊，其中最大石窟洞一奉仙寺，高达五十余呎之巨大释迦牟尼佛浮雕，造型巧夺天工。

+ 只限4月出发【牡丹园】每年4月，洛阳牡丹竞相开放，城内处处皆花；一年一度的洛阳牡丹花会也在此时举办，花海人潮，万人空巷。早开品种的牡丹初花期一般在4月9日左右，盛花期约在4月13号；中开品种初花期大约在4月11日，盛花期在4月16日左右；此时洛阳大部分的牡丹都已开放；而晚开品种初花期在4月17日，盛花期在4月21日左右，主要为名贵品种。

洛阳~(约1小时)温县-陈家沟<sup>含养生太极课程</sup>

4 ~(约1.5小时)焦作~云台山景区-红石峡-潭瀑峡

+ 特别安排焦作温县陈家沟【学习养生太极拳】

+ 【云台山】满山覆盖的原始森林，有深邃幽静的沟谷溪潭，千姿百态的飞瀑流泉，如诗如画的奇峰异石，形成了独特完美的自然景观。云气缭绕，仙风回荡，为道教历代重玄派妙真道士仙居之福地洞天，道教妙真祖庭，有着汉献帝的避暑台和陵基，魏晋“竹林七贤”的隐居故里，唐代药王孙思邈的采药炼丹遗迹等等。唐代大诗人王维写出“每逢佳节倍思亲”千古绝唱的茱萸峰，

+ 【红石峡】(温盘峪)峪内夏日凉爽宜人，隆冬苍卉蔚草翠；集泉瀑溪潭涧渚景于一谷，融雄险奇幽诸美于一体，被风景园林专家称为自然界山水的精品。谷里分布有九龙溪、幽瀑、穿石洞、一线天及瀑高50余米的白龙瀑布等景观。

+ 【潭瀑峡】(小寨沟)三步一泉，五步一瀑，十步一潭，呈现出千变万化的飞瀑，走泉，彩潭和山石景观。

焦作~云台山主峰-茱萸峰<sup>含U型玻璃栈道</sup>

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~(约2.5小时)开封

+ 【茱萸峰】是历代文人墨客，僧道修行的圣地，药王孙思邈也曾在此处采药炼丹；森林覆盖率达93%，踏千阶的云梯栈道登上海拔1300米的峰顶，但见群山连绵，峰涌云动。

+ 【U型玻璃栈道】在海拔1080米的半山腰上依崖而建，其中一段沿崖壁呈U型，站在千米高的玻璃上，仿佛悬空而立；其惊险刺激可与举世闻名的美国大峡谷天空之路玻璃走廊相媲美。

开封~包公祠<sup>赏菊花<18/10-11/11></sup>~大宋御河

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含游船~山陕甘会馆~书店街~七盛角~铁塔<sup>赏荷花<23/06-23/08></sup>~(约1.5小时)郑州

+ 【包公祠】纪念古代著名清官包拯而重建，中国资料最全，规模和影响最大的纪念场馆，包青天，千百年来深受人们的尊敬与爱戴，刚正不阿，抑强扶弱，铁面无私，是中国北宋时期著名的清官。

+ 【船游御河】御河全长1900米，将开封市几乎所有旅游景区有机联系起来；连接开封龙亭湖，包公湖两大景区，周边风光秀丽；湖底沉睡千年国宝-六朝皇宫遗址，码头两侧则为西司夜市。

+ 【山陕甘会馆】是清代山西、陕西、甘肃三省旅居开封的商人集资修建的；始建于乾隆年间，馆内遍布各种各样的木雕、石雕、砖雕等，将佛教故事，传奇人物雕制得惟妙惟肖，生动逼真，是中国雕刻艺术中的珍品，而各色的丹青彩绘极具民族特色。

+ 【书店街】是一条与日本东京神田书街齐名的世界两大古街之一，书店当然并非只在书店街才有，书店街那种浓郁而又厚重的文化气息，那种悠闲而又雅致的古老韵味，是在其他地方都无法领略到的。

+ 【七盛角】全仿宋建筑文化休闲街区，似丽江古城四方街，成都宽窄巷子，充满小资情调。小巷两边是清一色的仿古建筑，院落、街巷与水岸、湖泊、荷塘、石桥相呼应。有茶馆、戏楼、酒吧、客栈、时尚店铺，在此可赏民俗小吃。

+ 【铁塔】建于北宋年间，设计精巧，结构坚固，距今已有900多年历史。这里的砖雕非常有名，砖上刻有飞天、麒麟、菩萨、乐伎、狮子等花纹图案50余种，造型优美，神态生动，堪称宋代砖雕艺术的杰作。

郑州~(约1小时)黄河游览区-炎黄广场-炎黄

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二帝塑像~中原福塔

+ 【黄河游览区】黄河之旅的龙头；南依巍巍岳山，北临滔滔黄河，有着雄浑壮美的大河风光，源远流长的文化景观，及地上“悬河”的起点，黄土高原的终点，黄河中下游的分界线等一系列独特的地理特征。

+ 【中原福塔】高达388米，又名河南广播电视塔，2012年时是世界上最高的全钢结构电视发射塔。

8 郑州 ✈ 新加坡

+ 于指定时间集合，专车送往郑州机场，乘飞机返回新加坡。

9 天行程至此圆满结束，康泰旅行社与您共享美好回忆！

~行程顺序按实际情况可能前后调动，以当地接待单位最后安排为准~

~因气候温度等因素，行程中所列花期各有不同，须视具体出发日期而定

附加配套：人民币600/人《15/3-15/11》 CGO8D\_CN\_19-Jan-24

1)《大宋\*东京梦华》表演A区；(其他日期：由《千回\*大宋》表演代替)

2)清明上河园；3)开封城隍庙+3D大梁微梦 4)夜游洛邑古城



# CHINA



## 8D HENAN All In Scenic Tour

### Luoyang

One of China's nine great ancient capitals; Enjoy the unique artwork in **Longmen**

**Grottoes**, one of the four great grottoes in China

<Incl.01 way Shuttle Bus>



### Dengfeng

The origin of martial arts, the origin of Kung Fu surrounds the vague mysteries of the **Shaolin**

**Temple**. Enjoy the **Chinese Kung Fu Performance** by the Shaolin Monks.

<Incl.02 ways Shuttle Bus>

### Kaifeng

**Baogong Memorial Hall** which is commemorate Song renowned honest official Bao Zheng. Shopping at **Qisheng Jiao** - explore the history, customs, and culture.

No Shopping Stops



### Zhengzhou

It is known as one of the eight great ancient capitals in China, where the first emperor

Xuanyuan build his country **Zhengzhou Tower\*Erqi Tower Yellow River Scenic Area**

### Luoyang Peony Garden

The peonies are in full bloom; Gardens are awash with colorful flowers mostly reds mixed with whites, yellows and purples set against a background of thick, vibrant, dark green leaves, like a myriad of precious stones set in bright, shiny rings.



### Exclusive Experience

- ★ **Shaolin Kungfu Course**
- @Shi Xiaolong Martial Arts School
- ★ **Tai Chi Course** @Chenjiagou
- ★ **Cruise on Song Imperial River**



### Jiaozuo Mt. YunTai

The 1<sup>st</sup> group from all over the world that received the title of World Geopark from UNESCO in 2004. It is famous for its imposing mountain and water sceneries, Myriad springs, waterfalls and pools abound.

### Zhuo Peak

**U-Shaped Glass Walkway**

| Day | BKF   | LUNCH | DINNER                     | City                                | Tour Code: CG08D                          |
|-----|-------|-------|----------------------------|-------------------------------------|---|
|     |       |       |                            |                                     | 4★ Hotel or similar class                 |
| 1   | ✱     | ✓     | ✓                          | Zhengzhou                           | 4★ Guangdong Hotel                        |
| 2   | Hotel | ✓     | Shaolin Vegetarian Cuisine | Dengfeng                            | Upgrade 5★ Cheered Hotel                  |
| 3   | Hotel | ✓     | Luoyang Special Delicacy   | Luoyang                             | 4★ Wuduo Hotel                            |
| 4   | Hotel | ✓     | Farmer' Flavors            | Jiaozuo                             | Upgrade Local 5★ Rongyi Hotel <No Triple> |
| 5   | Hotel | ✓     | Steamed Bun Cuisine        | Kaifeng                             | 4★ New Dynasty <No Triple>                |
| 6   | Hotel | ✓     | Henan Local Flavor         | Zhengzhou                           | 2 N 4★ Guangdong Hotel                    |
| 7   | Hotel | ✓     | ✓                          |                                     |   |
| 8   | Hotel | ✱     | -                          | Wish you enjoy 8D wonderful holiday |   |

Itinerary is effective from Apr'24

CG08D\_CN\_19-Jan-24

- Tour Sequence and Flight Schedule subject to local agent and airlines' final arrangement
- The availability of Flower Blossom is subject to climate & season conditions.
- Please note that only rollaway bed will be provided in most China Hotels for tripling sharing room. Kaifeng/Jiaozuo Hotel no triple room will be provided and need to top up SGD80/room for 1TWN + 1SGL.
- Pls note that 1N Luoyang 4\* hotel will be replaced by 1N Gongyi Local 5\* Huayu Jianguo Hotel in April.
- In the event of any discrepancy between the English and Chinese itineraries, the Chinese version shall prevail
- Tipping for local guide & driver total is (8D SGD-RMB¥320 adult/child same)



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Tour Booking Form



# CHINA



Tour Code: CGO8D Effective from Apr'2024

## Singapore ✈ Zhengzhou~ Former Residence of Huang Di~ Zhengdong New District ~ Erqi Memorial Tower ~ Dehua Shopping Street

- + Depart from Changi Airport flight to [Zhengzhou] it is known as one of the eight great ancient capitals in China, where the first emperor Xuanyuan built his country.
- + Visit [Former Residence of Huang Di] is considered to be the first emperor of China and the ancestor of all Chinese.
- + [Erqi Memorial Tower] is the memorial of the Erqi Strike, which occurred on February 7, 1923.

## Zhengzhou~(est 1.5hrs) Dengfeng~Shi Xiao Long Martial Arts School [Incl.Shaolin Kungfu Course~Shaolin Temple [Incl. 02ways Shuttle Bus]~Forest of Pagodas

- + [Shi Xiao Long Martial Arts School] has a keen traditional training ethos with many facilities and amenities for authentic Shaolin training. It offers traditional Shaolin training which is tailored to tourist, provides you a closer Shaolin experience.
- + [Shaolin Temple] is the origin of world-famous Shaolin Kungfu. [Forest of Pagodas] the cemetery yard of senior monks of different dynasties. Here, You will appreciate the famous [Shaolin Kungfu Performance] by the monks. <subj to Shaolin Temple final arrangement>

## Dengfeng~(est 1.5hrs) Luoyang~ Lijing Ancient Gate-Welcome Ceremony 3~Suitang Ancient Street ~Longmen Grottoes [Incl.01way Shuttle Bus] ~ Peony Garden <01-30/4>

- + [Lijing Ancient Gate] was first built in Sui and Tang dynasty, which is the connection of the south and north canals.
- + Hong Thai Travel exclusively present - the Special Welcome Ceremony At the welcome ceremony, you are reenacting a ritual to pay tribute to the Imperial Concubine & entertained with music and dance.
- + Later enjoy your shopping at [Suitang Ancient Street].
- + [Longmen Grottoes] one of the three major grottoes in China is the world cultural heritage with unique stone sculptures, carvings, inscriptions, paintings etc.
- + Valid on April [Peony Garden] Each year from April to mid-May, the peonies are in full bloom; During its season, gardens are awash with colorful flowers mostly reds mixed with whites, yellows and purples set against a background of thick, vibrant, dark green leaves, like a myriad of precious stones set in bright, shiny rings.

## Louyang~ Wenxian [Incl.Tai Chi Course] 4 ~ (est 1.5hrs) Jiaozuo~Mt. Yuntai ~Red Stone Canyon~Tanpu Canyon

- + [Mt.Yuntai] In the scenic areas, waterfalls pour down, springs flow and streams gurgle, appearing like a string of beads. When rambling along the plank road built along a cliff, you will see a charming landscape formed by red cliff, clear water, blue sky & rich geological relics, such as red quartzes sandstone, layer structures, bedding plane structures and ripple marks.

- + [Red Stone Canyon] a rare canyon sight with waterfalls, lakes, pools and gullies, is highly acclaimed by gardening experts as a "natural gallery for mountain and river collections" because of its grand and exclusive landscapes

- + [Tanpu Canyon] one of the main sources of the Zifang River. It is famous for a spring in three steps, a waterfall in five steps and a pool in ten steps. The water scenery in this valley is imposing with mountains and unique rocks.

## 5 Jiaozuo~Mt.Yuntai-Zhuyu Peak [Incl. U-Shaped Glass Walkway] ~ (est 2.5hrs) Kaifeng

- + [Zhuyu Peak] The highest peak of Mt.Yuntai, With a forest coverage rate of 93%, ascending the 1,300m high peak, you have a wonderful view of the surrounding peaks and valleys
- + [U-Shaped Glass Walkway] The first U-shaped glass skywalk in central China. To experience walking on glass 1000 meters above sea level. it is like standing in the air, look down through the glass, it offering a panoramic view of the surrounding landscape

## Kaifeng~Memorial Temple of Lord Bao Chrysanthemum Exhibition <18/10-11/11>

## 6 ~Song Imperial River [Incl Boat Ride] ~ Shanxi-Shaanxi-Gansu Guild Hall ~Qisheng Jiao Street~Iron Pagoda Lotus Festival <23/6-23/8> ~ Zhengzhou

- + [Memorial Temple of Lord Bao] commemorate Lord Bao & his good deeds, who was an exemplary official during the Northern Song Dynasty. He fought courageously & unyieldingly against corrupt officials & protected ordinary people from being exploited.
- + [Cruise on Song Imperial River] The river links a number of beautiful lakes. The charms of Kaifeng could be better appreciated. Water front view, garden, Northern Song style architecture can be spotted along the way; The bridge and nearby decorations form a unique view.
- + [Shanxi-Shaanxi-Gansu Guild Hall] It is famous for the large-scale excellent brick, stone and wood carving which can be found on various parts of architectures. These carving demonstrate a variety of themes.
- + [Qishengjiao Street] where you can taste various local snacks of old Kaifeng while enjoying prosperous historical background, folk residences, tea houses, Coffee houses
- + [Iron Pagoda] is a Buddhist Chinese pagoda built in 1049 during the Song dynasty (960-1279) of China.

## 7 Zhengzhou~Yellow River Scenic Area ~Zhengzhou Tower

- + The Yellow River, the mother river of Chinese nation [Yellow River Scenic Area] the first large scenic zone set up along the great Yellow River, with beautiful landscape and many places of interest.
- + [Zhengzhou Tower] a 388-metre tall steel tower and is used as a television tower; As of 2012, it was one of the twenty tallest towers in the world, and claimed to be the highest steel structure tower in the world

## 8 Zhengzhou ✈ Singapore

- + Transfer to airport for your flight back to Singapore

## Wish you enjoy your holiday with Hong Thai!

- Tour Sequence may change, subj to land agent's final arrangement -
- The flower blossoms listed in itinerary is subj to season & weather conditions

- Additional Tours A RMB600/P.P <Valid on 15Mar-15Nov>**
- 1) <Dongjing Menghua> Show; (or <Qianhui Song> Dancing Show)
  - 2) Qingming Riverside Landscape Garden;
  - 3) Kaifeng City Wall Weimeng Daliang 3D Show;
  - 4) Yellow River hovercraft ride;

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\*订团须知规则, 请参阅订单 /  
Tour Booking Form